**Дата: 16.12.2020.**

 **Группа: 20 ИСиП-1ДК**

**Наименование дисциплины: Английский язык**

 **Тема: Спорт**



**Sport in my life.**

Sport is very important in our life. The general **belief** is that a person who **goes in for sports** can’t be weak and ill. Physically **inactive** people get old earlier that those, who find time for sport **activity**. And of course **good health** is better than good medicine.

People all over the world are **fond of** sports and games. In our country sport is being widely popularized as well. The most popular kinds of sport are football, volleyball, basketball, tennis, figure-skating, aerobics, ping-pong and swimming. A lot of people are fond of **jogging**. In schools and colleges sport is a **compulsory** subject. Many young people attend sport sections. Some of them dream to become professional sportsmen.

As for me, I can’t imagine my life without sport. In summer I go jogging every morning and when I have free time I attend swimming pool. In winter I like to **skate** with my friends. It’s fun. Also I’m fond of aerobics. First of all aerobics helps to keep myself fit. It also attracts me because it **resembles** dancing.

In conclusion I’d like to say that I’m absolutely sure that **doing sports** is the best way to **keep fit**. Sport makes our bodies strong, it **prevents** us from **getting too fat**, and makes us more self-organized and better disciplined.

* **belief** – вера, мнение, убеждение
* **to go in for sports**, **to do sports** – заниматься спортом
* **inactive** – бездеятельный, малоподвижный
* **activity** – деятельность
* **good health** – крепкое здоровье
* **fond of** – любить (что-то делать)
* **jogging** – бег трусцой
* **compulsory** – обязательный
* **to skate** – кататься, бегать на коньках
* **to resemble** – быть похожим, иметь сходство
* **to keep fit** – поддерживать в форме
* **to prevent** – препятствовать
* **to get fat** – растолстеть, потолстеть

Контрольные задания

Exercises

1. Word power. Many sport words became international. Do you know these sport words? Put the words in the right column in the table.

swimming

ball

athlete

hockey

ride

field

mountaineer

fast

chess

swim

tennis player

artistic

skiing

track

gymnastics

patient

play

do

parachute

net

figure skater

footballer

box

energetic

gymnast

bike

go

courageous

acrobat

ring

golf

figure skating

cricket

skate

windsurfing

horse-racing

cycling

acrobatics

parachutist

bold

judo

badminton

pool

strong

basketball

stadium

jump

runner

sport

sportsman

equipment

activity

skills

1. Вставьте пропущенные буквы в слова.

acti\_ity

s\_ort

sk\_ing

r\_gby

s\_ort\_man

ma\_ch

sw\_mming p\_ol

\_udo

dan\_erous

com\_eti\_ion

bod\_bu\_lding

f\_tness

m\_dal

1. Распутайте слова.

doortuo megas

treexem

dlog daemsl

lccynig

netnsi

nasmygcits

arrehcy

kcircte

sucsid

cohyke

smwmniig

layp

pujm

toolfabl

1. Match the words with the pictures.



*basketball*

*boxing*

*fishing*

*football*

*golf*

*jogging*

*baseball*

*swimming*

*table tennis / ping-pong*

*tennis*

*soccer*

*mountain climbing*

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